

POLICE BIKE TRAINING COURSE



Dates: June 15–19, 2026

Cost: FREE OF CHARGE

Location: 106 North Main Street, O’Fallon, MO 63366

Times: Monday-Wednesday and Friday 0800-1600, Thursday is 1300-2100

Times are subject to change based on weather conditions

POST Hours: 4 Legal Studies, 12 Skill Development, 24 Technical Studies

Enhance Your Patrol Skills on Two Wheels

Join this comprehensive Police Bike Class designed to equip law enforcement officers with the skills and confidence needed for effective bicycle patrol. Whether for community engagement, rapid response, or navigating challenging environments, this course delivers practical, hands-on training.

Course Highlights:

- Advanced cycling techniques for law enforcement applications
- Obstacle navigation and control in urban environments
- Speed, agility, and safety training
- Bicycle maintenance and repair essentials
- Tactical deployment for patrol and emergency response

Professional Certification:

This course follows the standards set by the International Police Mountain Bike Association (IPMBA), the leading authority in police bicycle training. Participants will receive instruction aligned with nationally recognized certification practices.

Who Should Attend:

- Sworn law enforcement officers
- Community policing units
- Patrol officers seeking specialized bike training

Course Duration:

5 Days of intensive hands-on instruction combining classroom learning and field exercises.

Register Today!

Spaces are limited—secure your spot and take your patrol capabilities to the next level.

For more information or to register, please contact Kara Ellis at kellis@ofallonmo.gov

Required Equipment:

- **Police-duty bicycle** (in good working condition **no e-bikes**)
- **Bicycle helmet** (mandatory for all riding exercises)
- **Eye protection** (safety glasses or riding glasses)
- **Cycling gloves** (full or half finger recommended)
- **Water bottles or hydration pack**
- **Weather-appropriate clothing** (training occurs rain or shine, padded shorts and gloves recommended)
- **Closed-toe athletic or cycling shoes**

Recommended Gear:

- Spare inner tubes (correct size for your tires)
- Tire repair kit and portable pump or CO₂ inflator
- Basic bike tool kit (multi-tool, tire levers, etc.)
- Sunscreen and insect repellent
- Small backpack or gear bag

Duty Equipment (as applicable):

- Duty belt or patrol gear (per department policy)
- Radio and holder
- Appropriate uniform or training attire approved by your agency

Optional but Helpful:

- Note-taking materials
- Extra socks and change of clothes
- Snacks for sustained energy throughout the day

Ride. Respond. Protect.